

# Introduction to Injury Care

## Physical Therapy in Corpus Christi for Injury Care

Welcome to the Humpal Physical Therapy & Sports Medicine Centers resource for injury care.



At Humpal Physical Therapy & Sports Medicine Centers we look forward to helping you achieve optimal health and recover from injuries.

Click on the main menu links to explore information related to common work activities. For information on specific injuries, please click on our injuries and conditions category.

Our resources on this website are for informational purposes only. Do not diagnose, self treat, or attempt any exercises from the content on this site without contacting Humpal Physical Therapy & Sports Medicine Centers, your physician or a qualified specialist first.

At Humpal Physical Therapy & Sports Medicine Centers we offer Physical Therapy, Occupational Therapy, Aquatic Therapy, Hand Therapy, Orthotics Evaluation/Fabrication, Patellofemoral Rehab, McConnell Taping, Athletic Rehab (Sport Specific), Pre Operative / Post Operative Program, ACL Rehabilitation, Thoracic-Outlet Syndrome Rehab, Pregnancy (pre/post natal care), Isokinetic Evaluation/Rehab, Work Hardening, Work Conditioning, Functional Capacity Evaluation (FCE), Impairment Rating, anodyne / Infrared Light Therapy, Wound Care/ Debridement and look forward to working with you to enjoy maximum mobility and avoid injuries.

### Articles

[Acute Injury Care](#)

[R.I.C.E.](#)

[Inflammation](#)

[Cast Care](#)

[Postsurgical Infection](#)