

Programs

Industrial Rehab

Injured workers benefit from physical therapy services from the onset of injury through their return to work. Early intervention consists of treatment for acute musculoskeletal problems and other injuries. Most patients who receive appropriate treatment early, return to their job without additional rehabilitation services.

Work Hardening

A highly structured, goal-oriented, individualized treatment program designed to return the person to work. These interdisciplinary programs use real or simulated work activities designed to restore physical, behavioral and vocational function and address the issues of productivity, safety, physical tolerances and worker behaviors.

[|click here to learn more about work hardening |](#)

Work Conditioning

A work related, intensive, goal-oriented treatment program specifically designed to restore systemic, neuro-musculoskeletal strength, endurance, movement, flexibility, motor control and cardiovascular function. The objective of this program is to restore pre-injury physical capacity and function so the patient may return to work.

[|click here to learn more about work conditioning |](#)

Employer Services Information

Humpal Physical Therapy and Sports Medicine Centers, P.C. is constantly striving to make the rehabilitation process easier for the patient, physician and the employer. We are proven leaders and set the standard for quality industrial rehabilitation services.

[|click here to learn more about Employer Services Info. |](#)